

"Dual Match" Italia-Francia

29 gennaio 2009



Centro Sportivo Olimpico dell'Esercito

Programma Generale del Dual Match (General Program of the Dual Match)

DATE	TIME	ACTIVITY
Wednesday, 28 th January	Morning	Arrival of the Participants in Rome and Registration
	12.00 – 13.30	Lunch
	14.30 – 15.00	Preliminary Meeting
	15.30 – 18.00	Training
	18.30 – 19.15	Dinner
Thursday, 29 th January	07.00 – 07.45	Breakfast
	08.30 – 10.00	Weight-in
	12.00 – 13.30	Lunch
	16.30 – 17.30	Medical Check
	18.30	Cocktail for invited guests
	19.00 – 21.30	Competition
	22.00 – 23.30	Banquet
Friday, 30 th January	08.00	Departure to Turin
	12.00 – 13.30	Lunch
	16.00	Arrival in Turin and Registration
	18.00 – 18.45	Dinner
Saturday, 31 th January	07.00 – 07.45	Breakfast
	08.30 – 10.30	Check Weight
	10.30 – 12.00	Training
	12.00 – 13.30	Lunch
	16.00	Departure to Ivrea
	18.30 – 19.30	Medical Check
	20.30 – 22.30	Competition
	23.00 – 24.00	Banquet
Sunday, 1 st February	Morning	Departure of participants